



**Warren County
Youth Football League**

Rookie Tackle Playbook

Fall 2023 Season



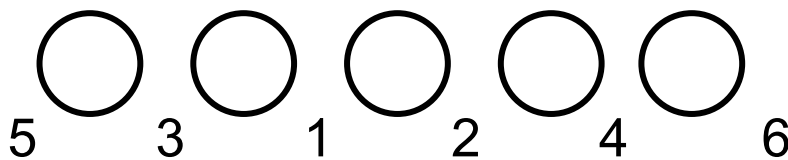
Offense

Guidelines

- Five down linemen
- Three skill players
- Snap can be under center or shotgun
- Shotgun snap can be traditional or sideways
- Play is live once ball moves
- Tight-end can line up up to 1 yard off of tackle on or behind line of scrimmage
- Must follow formations listed (I-Form, Split Back, Pro, or Shotgun)

Terminology

- Holes

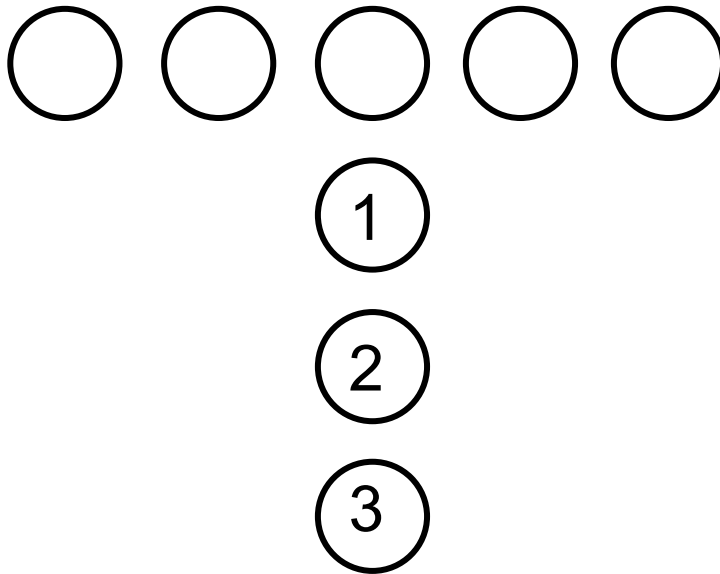


- Skill Players:
 - 1= QB
 - 2= FB or TE
 - 3=RB/HB

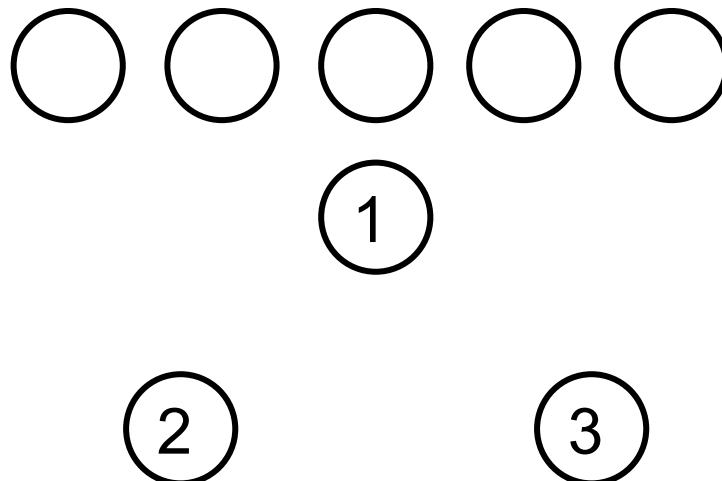


Formations

I-Form



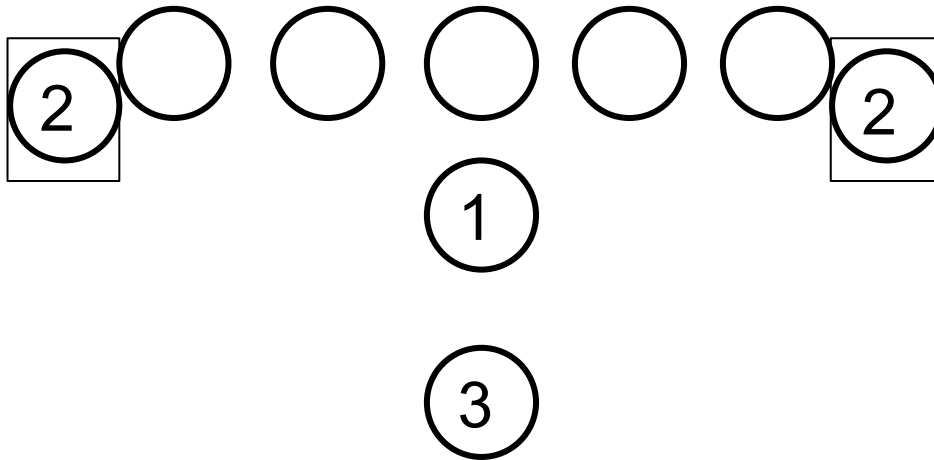
Split Back



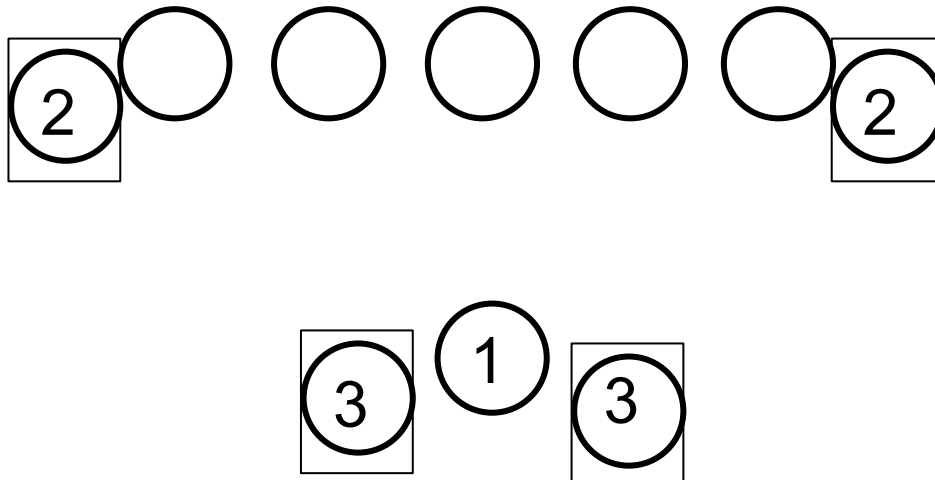


Formations

Pro



Shotgun

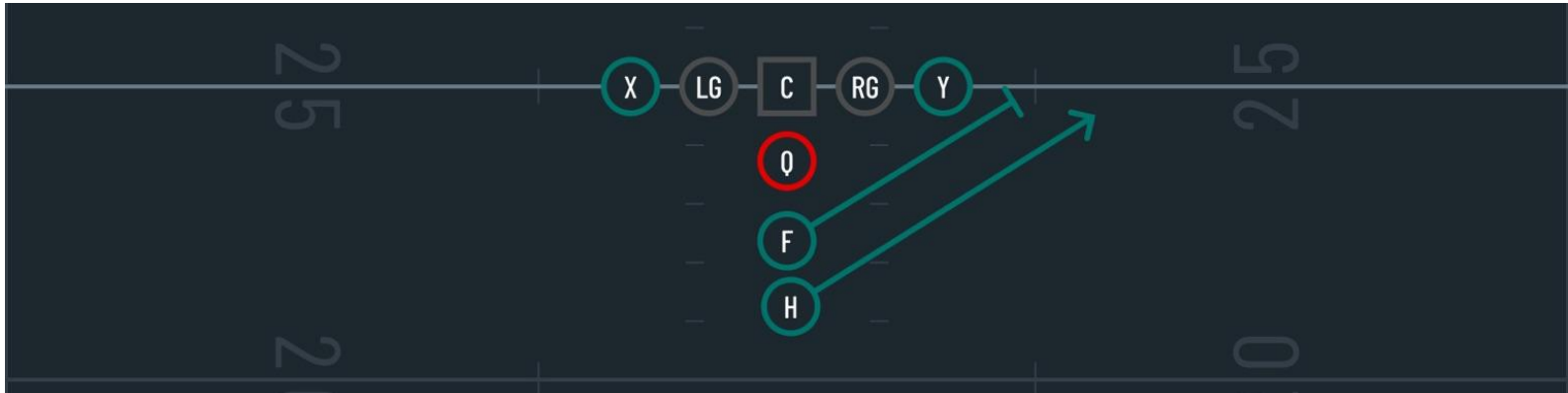


**Square indicates that player can line up on either side.*

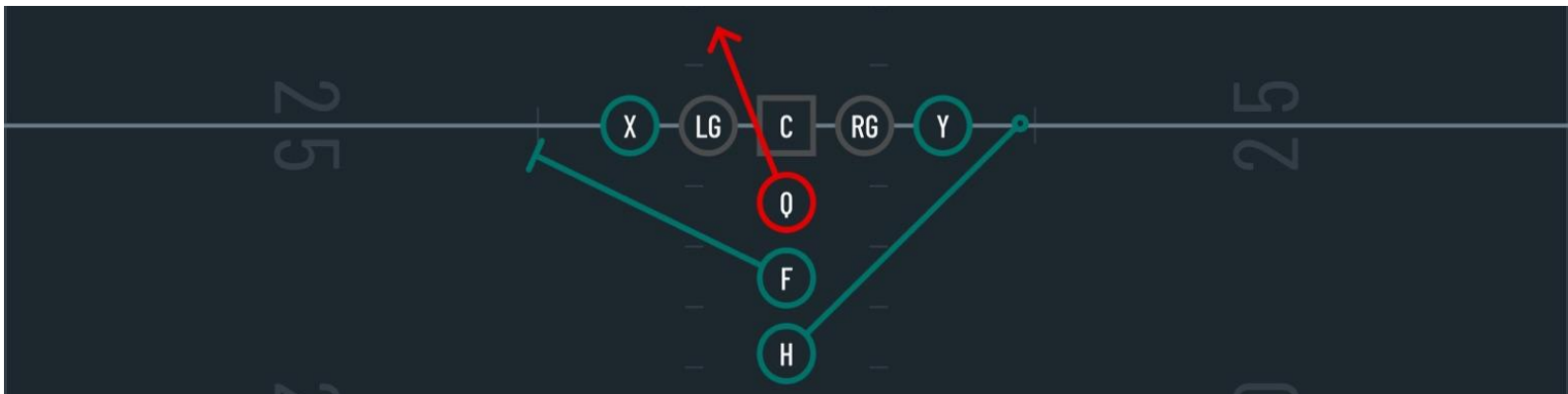


I-Formation Sample Plays

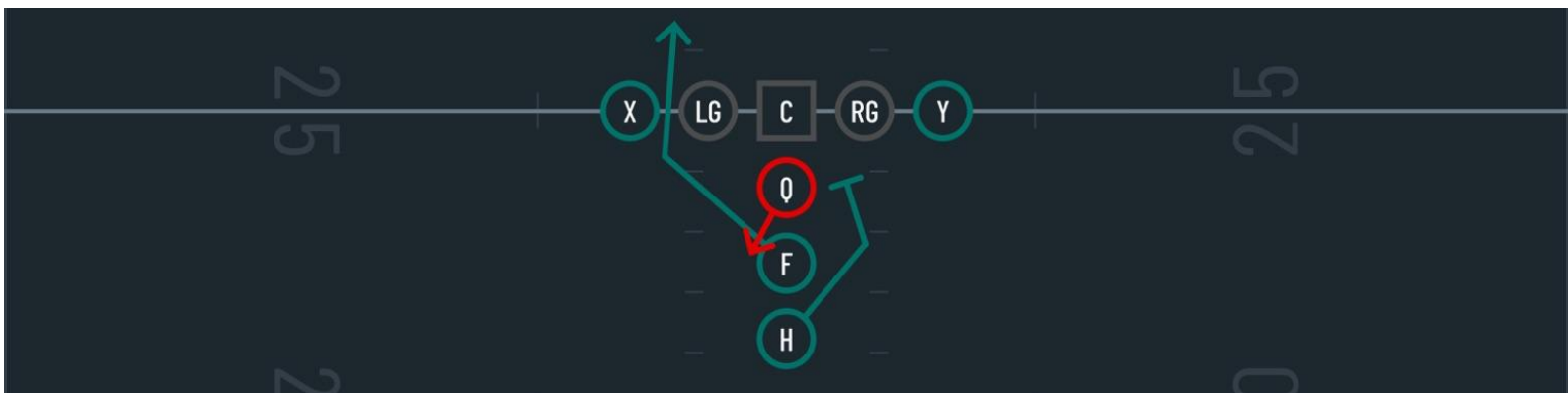
36 Blast



11 Sneak



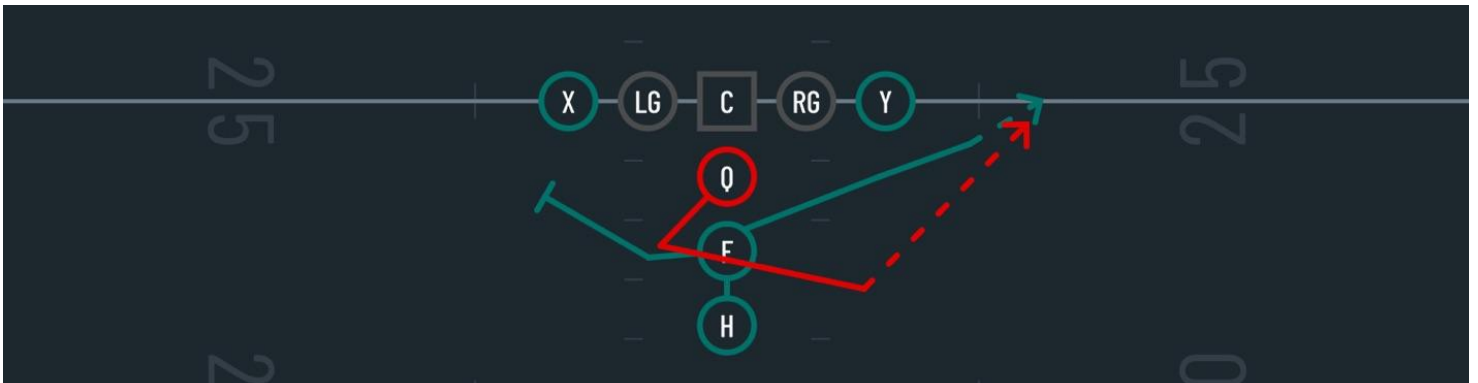
23 Dive



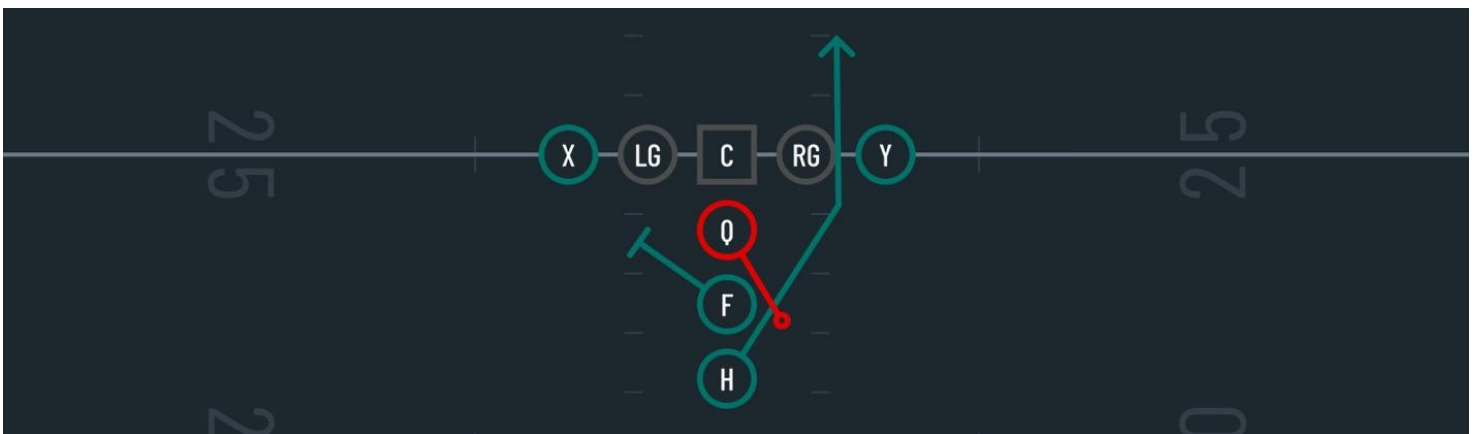


I-Formation Sample Plays

Bootleg Pass 3



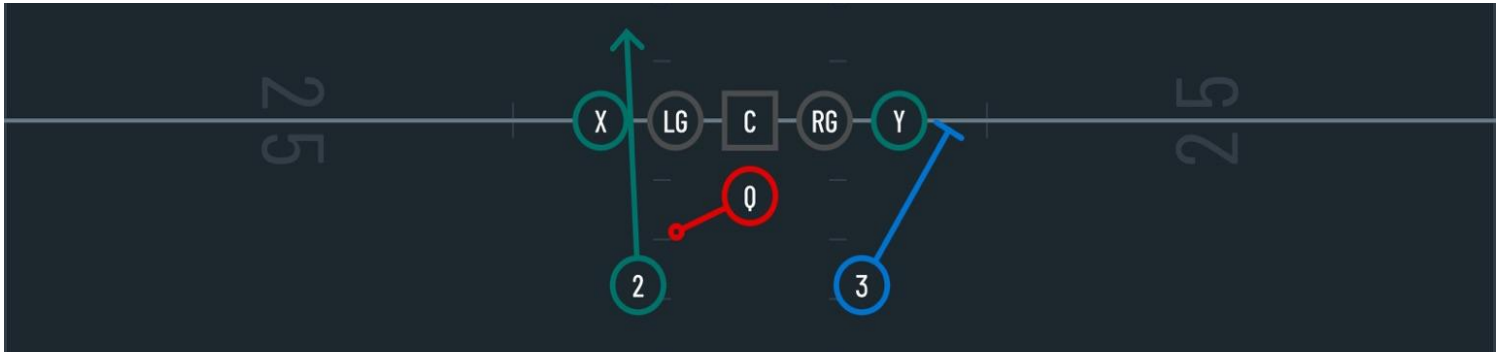
34 Dive



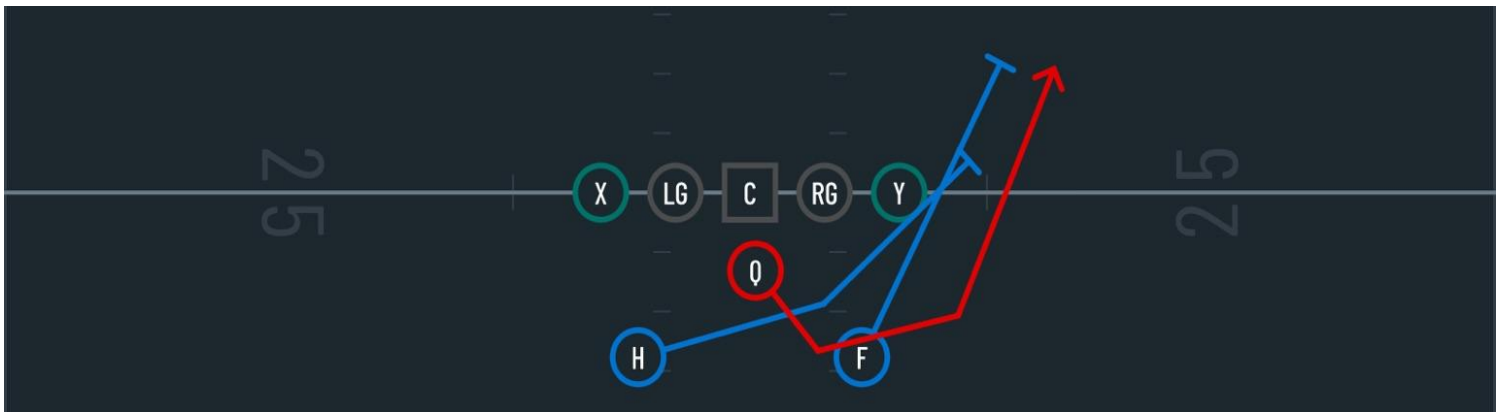


Split Back Sample Plays

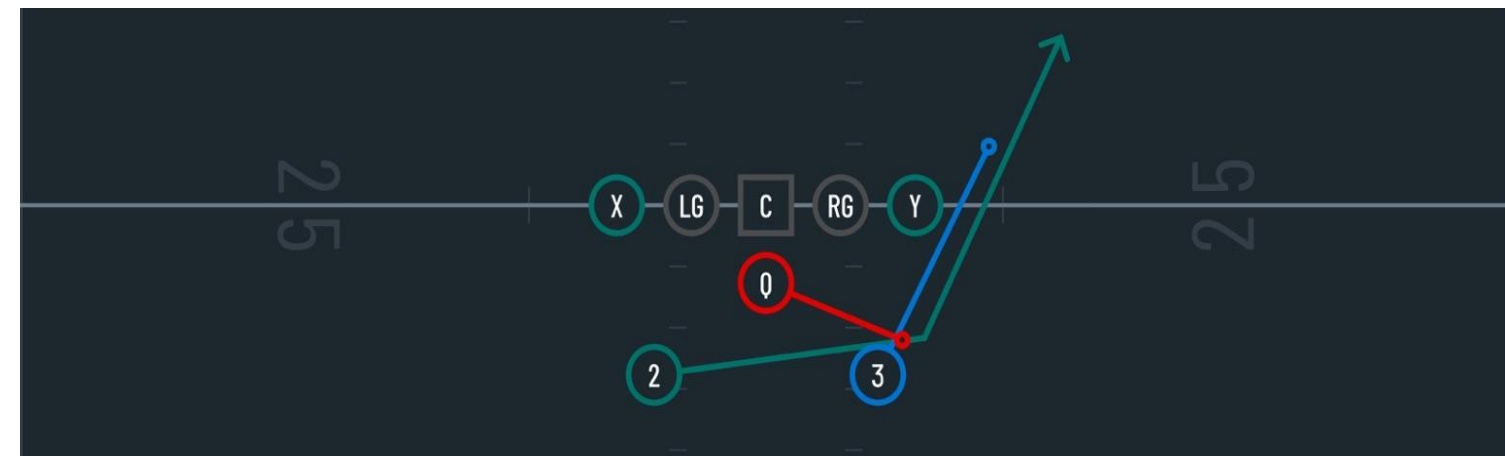
23 Dive



16 Keeper



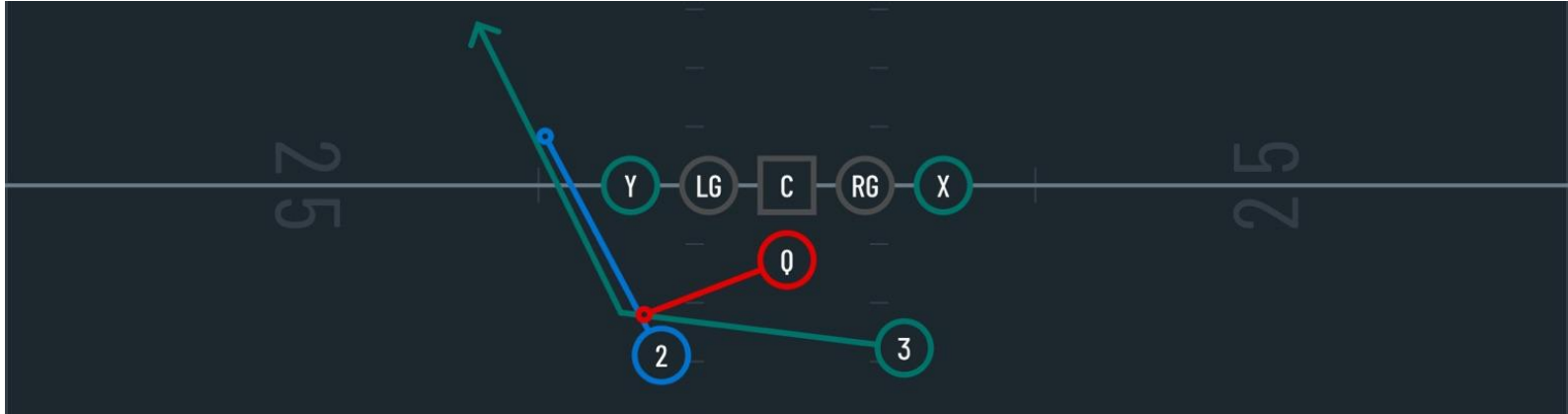
26 Blast



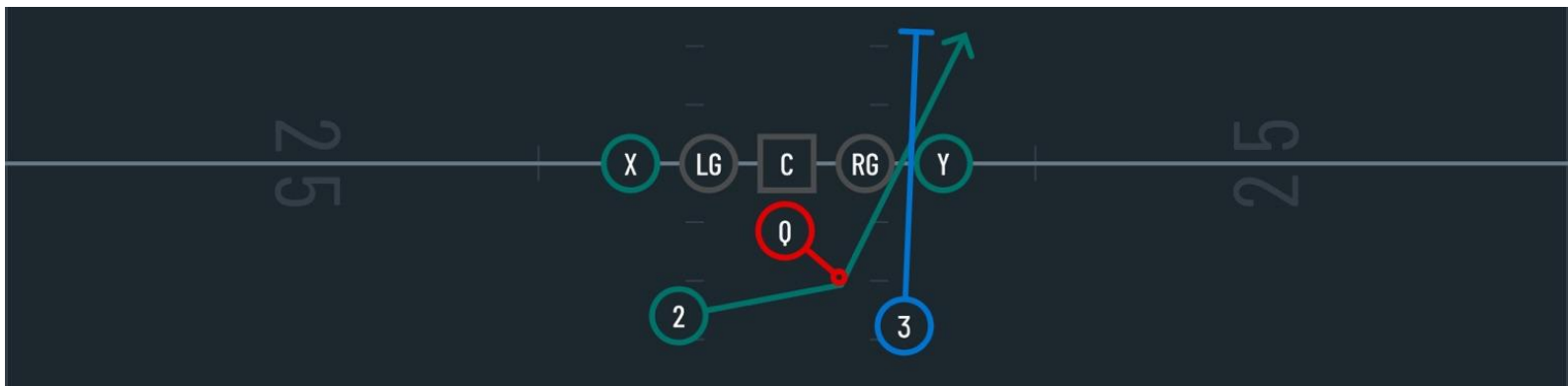


Split Back Sample Plays

35 Blast



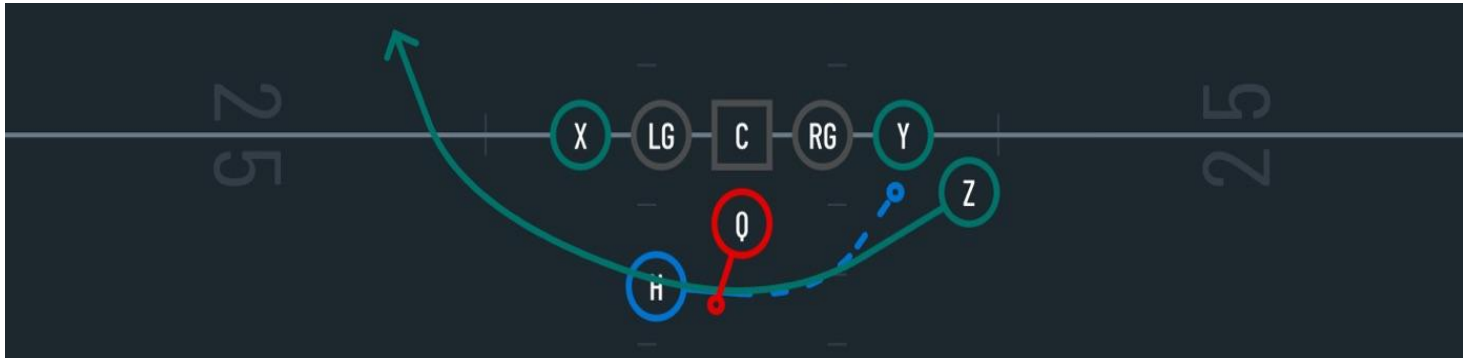
24 Blast



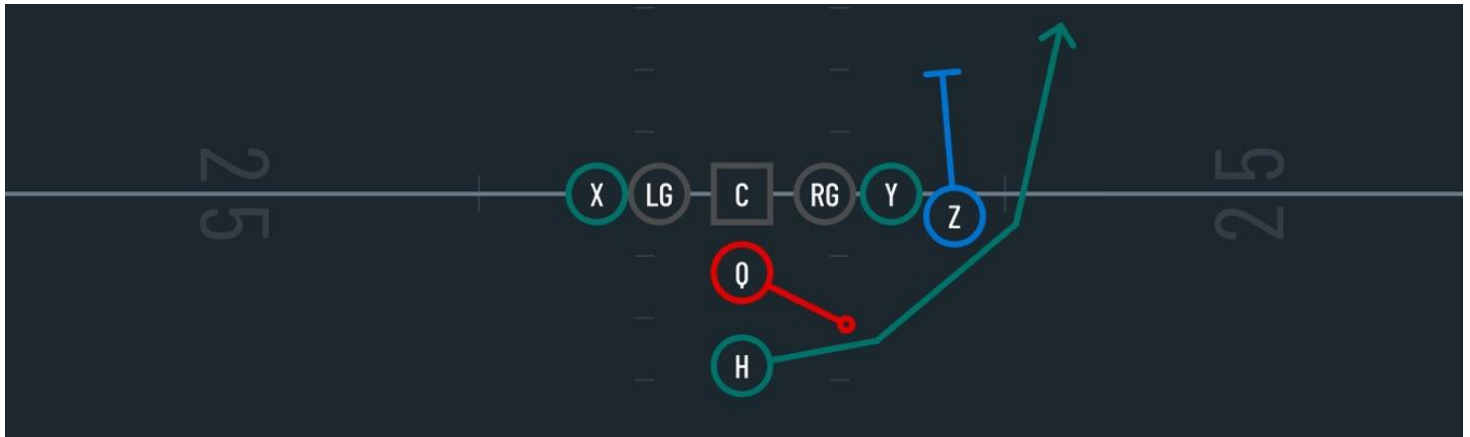


Pro Sample Plays

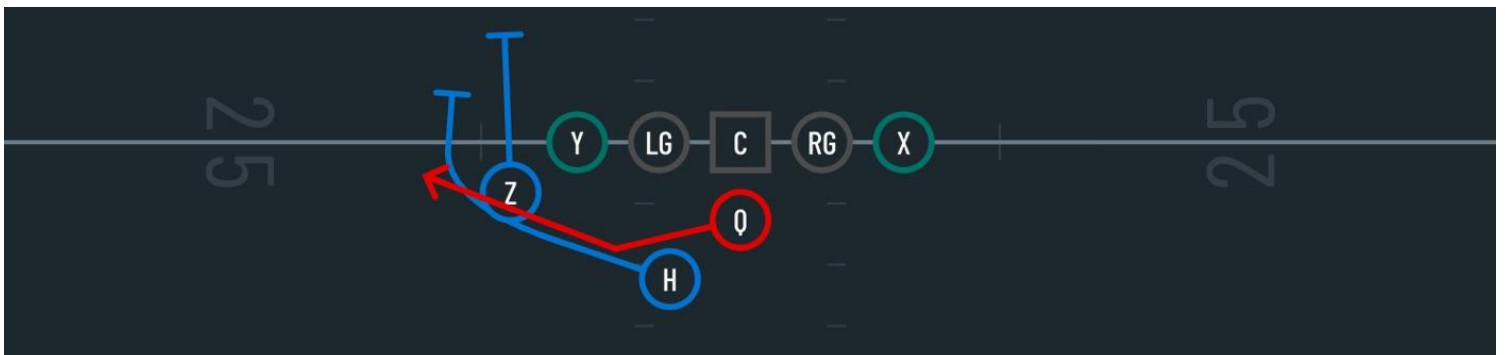
36-25 TE Reverse



38 Sprint



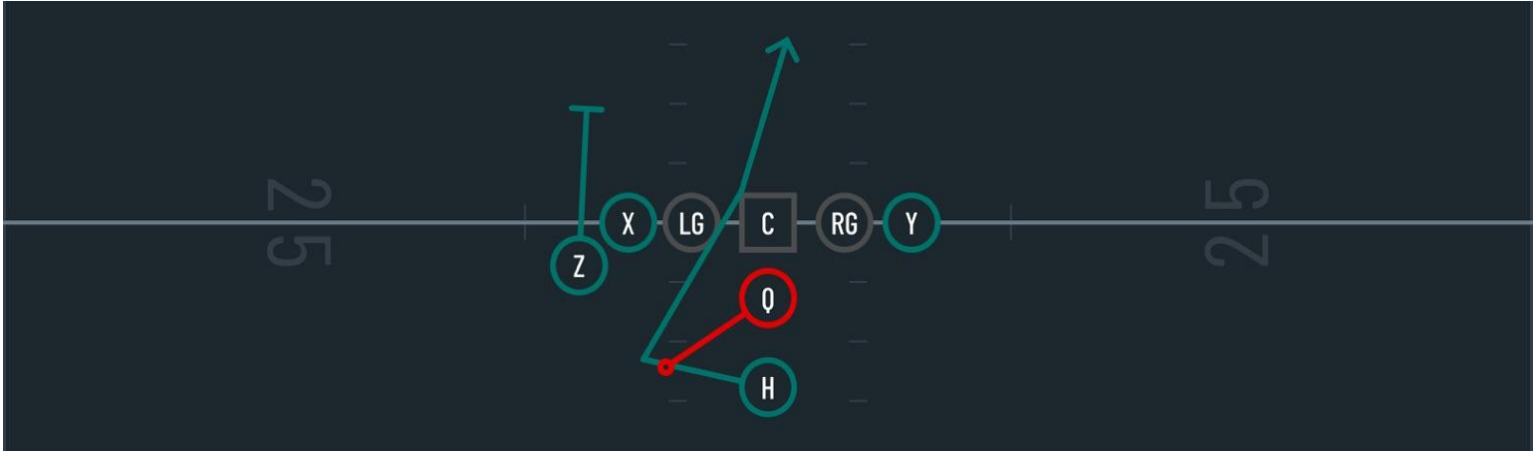
17 Keeper



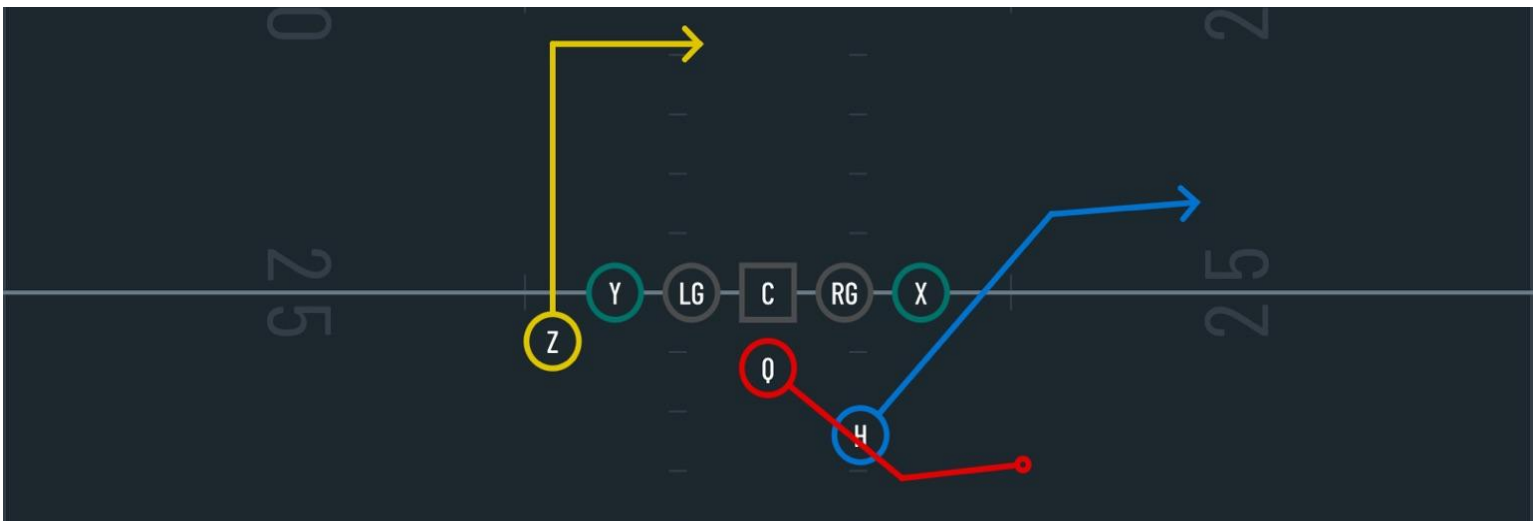


Pro Sample Plays

31 Counter



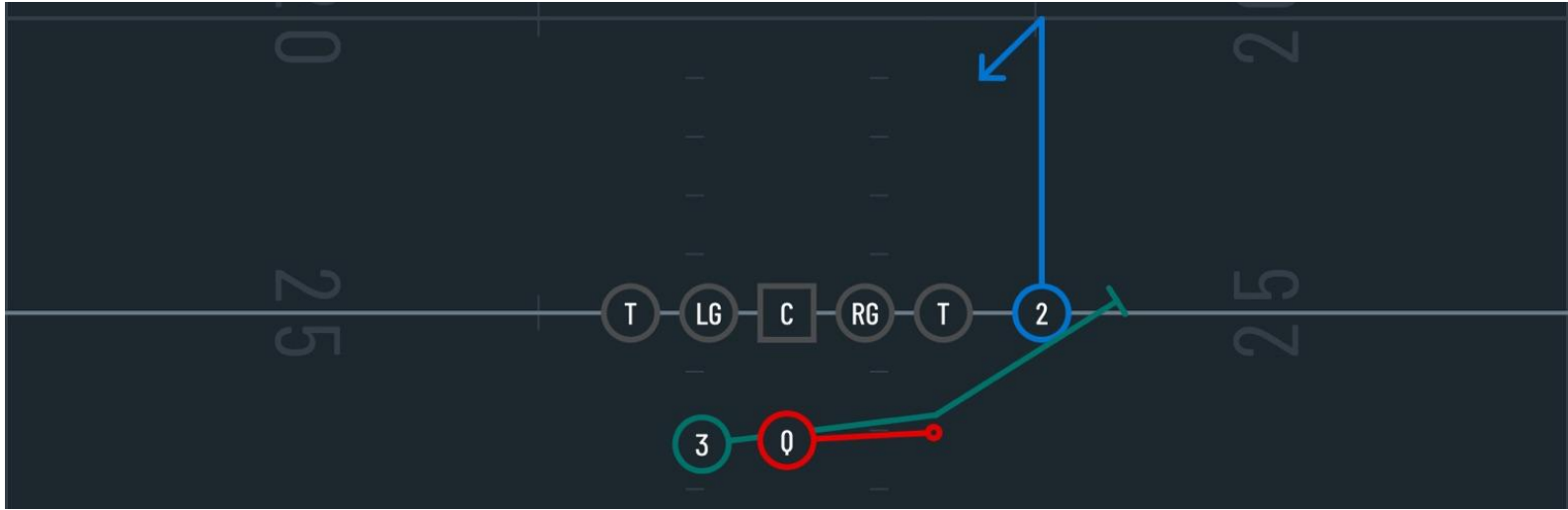
2-5-in 3-2-flat QB boot



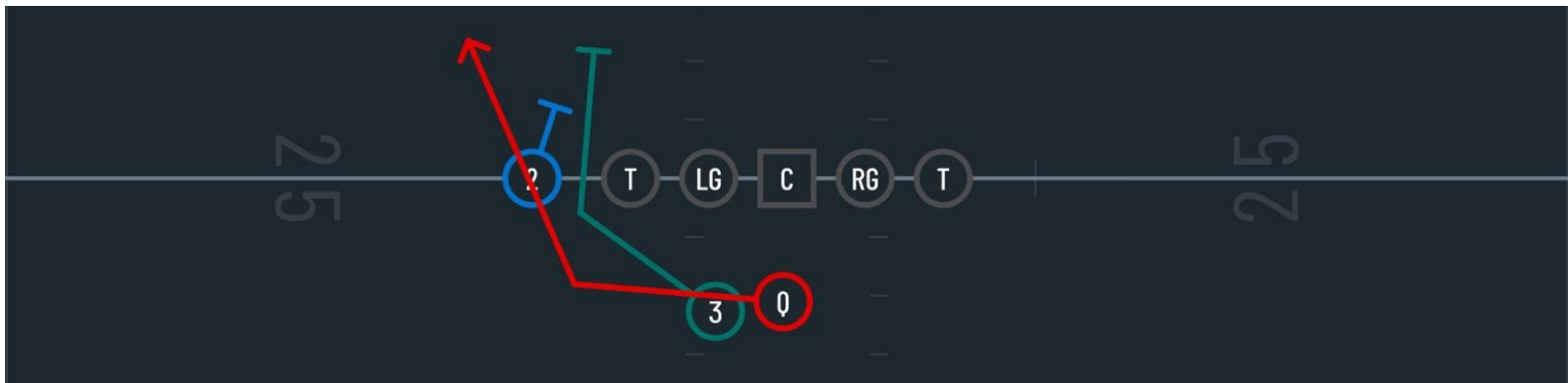


Shotgun Sample Plays

2-5 Hook



17 Keeper





Defense

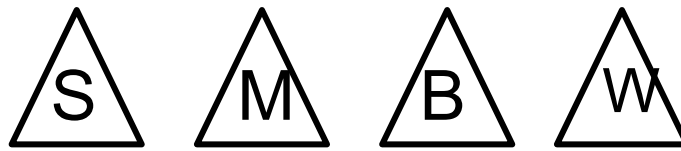
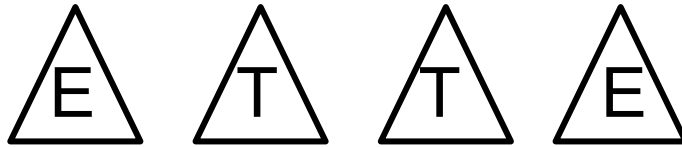
Guidelines

- Four down linemen (3 or 4 technique)
- Can't line up on center
- Line head up on guards and tackles
- Linebackers must be 4 yards off line
- Defender can be as wide as widest offensive player
- Can shoot gaps



Defense Formations

4-4



4-3-1

