



## GENERAL CARE INSTRUCTIONS

**FOLLOW THE RECOMMENDED CARE INSTRUCTIONS AS LABELED IN EACH UNIFORM.**

### NEW UNIFORMS

*Russell recommends the following procedures be used on newly received uniforms to prepare them for use.*

Wash a medium sized load of uniforms in warm water (<105°F) with 1-2 ounces of mild detergent (pH under 10) on an extra large laundry setting for 3 minutes and then drain.  
Do not overload the machine.

Re-wash using the same settings without detergent for 3 minutes and drain.

Re-wash again in warm water (<105°F) with 1-2 ounces of mild detergent (pH under 10) on an extra large laundry setting for 3 minutes and drain.

Wash a final time using the same settings without detergent for 5 minutes and drain.

Use the Spin cycle on the washer to extract as much water as possible and tumble dry the garments using very low heat.

### LAUNDERING PREP

For best results and maximum wear, launder uniforms immediately after each use.

Uniforms need to be inspected for normal wear and tear so repairs can be made prior to washing to prevent further damage.

Close any Velcro openings to prevent hook and loop from snagging material during wash.

Remove belts and pads, if possible, from uniform before laundering.

Do not allow uniforms to lay on itself or in a pile when wet because perspiration can cause fading or color bleeding.

### PRE-TREATING

Retreat stains with pre-wash, stain remover or protein release agent while uniform is still damp for no more than 30 minutes.

Do not soak uniforms containing nylon or nylon spandex blend.

### WASHING

Wash uniforms in Warm water (105 ± 5°F) as soon as possible after each use, before stains are allowed to set.

A mild detergent (pH under 10.0) should be used.

Do not overload the machine.

Use recommended amount of detergent as per detergent manufacturer.

Rinse uniforms in Cold water (80 ± 5°F).

Remove uniform from machine immediately after washing to avoid color migration.

Do not use chlorine bleach.

Do not use fabric softener.

Wash white uniforms separately from colored uniforms.

### DRYING

Remove promptly from washer.

Turn uniform reverse side out before machine drying.

Tumble dry on low setting (< 140°F).

Note excessive heat can cause garment shrinkage, discoloration, degradation and cracking of lettering.

Do not use fabric softener or dryer sheet.

### STORAGE

Uniform should be completely dry before storing.

Store in a cool, dry place away from direct sunlight and fluorescent lighting to prevent mildew or yellowing.

### DRY CLEANING

Do not dry clean uniforms.

### IRONING

Do not iron uniforms.